

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G
<u>Lunch</u>	Picnic Lunch G M Beetroot Cake G E	Fishfingers, New Potatoes and Peas G F Fruit	Lasagne, Sweetcorn and Garlic Bread G M Fromage Frais M	Slow Cooker Spanish Chicken and Cous Cous G Traybake G E	Chinese Curry and Rice Fromage Frais M
<u>Mid Afternoon Snack</u>	Cheese and Crackers G M	Breadsticks and Dip G M	Fruit	Crumpets G E	Pinwheels G M
<u>Tea</u>	Lentil Dhal and Garlic Naan G M E Fruit	Pizza Wraps and Veg Sticks G M Fromage Frais M	Egg Fried Rice and Prawn Crackers E Chocolate Oat Slice G M	Sausage Rolls and Baked Beans G E Belgian Bun G	Spaghetti Hoops on Toast G Fromage Frais M
<p>Ce - Celery G - Gluten (Wheat, Barley, Oats) Cr - Crustaceans E - Eggs F - Fish L - Lupin M - Milk Mo - Molluscs Mu - Mustard N - Nuts PN - Peanuts So - Soya Su - Sulphites</p>					

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G
<u>Lunch</u>	Spaghetti Bolognese and Garlic Bread G E Fromage Frais M	Campfire Stew and New Potatoes Fruit	Chicken Curry and Rice Chocolate Cake and Custard G M E	Vegetable Chow Mein E Fruit	Fajita Fried Wholemeal Rice Fromage Frais M
<u>Mid Afternoon Snack</u>	Cheese and Cucumber M	Crackers G M	Pitta Fingers and Hummus G	Pancakes and Bananas G M E	Fruit
<u>Tea</u>	Chicken Goujons and Vegetable Sticks G Mixed Fruit Shortbread G M	Tomato and Basil Pasta G Flapjack M	Beans on Toast G Fromage Frais M	Burrito and Corn on the Cob G Cookie G M E	Muffin Pizza and Vegetable Sticks G M Fromage Frais M
<p>Ce - Celery G - Gluten (Wheat, Barley, Oats) Cr - Crustaceans E - Eggs F - Fish L - Lupin M - Milk Mo - Molluscs Mu - Mustard N - Nuts PN - Peanuts So - Soya Su - Sulphites</p>					

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast</u>	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G
<u>Lunch</u>	Chilli and New Potatoes Apple and Cinnamon Cake G E	Mac and Cheese with Sweetcorn Fromage Frais M	Katsu Curry and Rice Fruit	Sausage, Mash and Mixed Veg Cornflake Cake G M	Chicken Tikka Masala and Rice Fromage Frais M
<u>Mid Afternoon Snack</u>	Pizza Wraps G M	Crumpets G	Breadsticks and Dip G M	Cheese Straws G M	Fruit
<u>Tea</u>	Sandwich Selection and Vegetable Sticks Fruit G M	Beans on Toast Shortbread G M	Vegetable Fajita, Garlic Pitta and Veg Sticks Fromage Frais M	Pizza and Vegetable Sticks Fromage Frais M	Cheese and Crackers and Cucumber Traybake G M E
<p>Ce - Celery G - Gluten (Wheat, Barley, Oats) Cr - Crustaceans E - Eggs F - Fish L - Lupin M - Milk Mo - Molluscs Mu - Mustard N - Nuts PN - Peanuts So - Soya Su - Sulphites</p>					