

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast / Morning Snack</u>	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G
<u>Lunch</u>	Toad in the Hole, Mash and Peas M G Fruit Salad	Chinese Curry and Rice G So Banana Muffins G E	Hunters Chicken Bake, Wedges and Sweetcorn M Fromage Frais M	Picnic Lunch G M Traybake G E	Lasagne, Garlic Bread and Peas M G Fresh Fruit
<u>Mid Afternoon Snack</u>	Breadsticks and Dip G M E	Fruit Salad	Cheese and Crackers G M	Oranges and Bananas	Tortilla with Nacho Cheese Sauce and Peppers G M
<u>Tea</u>	Pizza Muffins and Corn on the Cob M G Shortbread G	Homemade Fishfinger Sandwiches and Veg F G Fromage Frais M	Pasta with a Hidden Veg Sauce G Flapjack G	Vegetable Noodle Soup G So Fromage Frais M	Selection of Wraps and Veg Sticks G M Raspberry Cake G E
<p>Ce - Celery G - Gluten (Wheat, Barley, Oats) Cr - Crustaceans E - Eggs F - Fish L - Lupin M - Milk Mo - Molluscs Mu - Mustard N - Nuts PN - Peanuts So - Soya Su - Sulphites</p>					

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast / Morning Snack</u>	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G
<u>Lunch</u>	Cottage Pie and Mixed veg G So Fromage Frais M	Mac and Cheese and Sweetcorn G M Grapes and Oranges	Sausages, Roasted Baby Potatoes and Veg W Su Fresh Fruit	Chicken Curry and Rice Traybake G M	Fishfingers, Chips and Peas F G Banana Oats G
<u>Mid Afternoon Snack</u>	Pancakes and Berries M E G	Yogurt M	Pitta and Dip G M E	Cucumber and Cheese M	Fruit Salad
<u>Tea</u>	Cheese and Tomato Pinwheels and Cucumber G M Cornflake Cake M	Sandwich Selection and Veg Sticks G M Cookie G M	Vegetable Biryani Fromage Frais M	Burritos and Corn on the Cob G Fresh Fruit	Pizza Swirls, Homemade Coleslaw and Cucumber G M Fromage Frais M
<p>Ce - Celery G - Gluten (Wheat, Barley, Oats) Cr - Crustaceans E - Eggs F - Fish L - Lupin M - Milk Mo - Molluscs Mu - Mustard N - Nuts PN - Peanuts So - Soya Su - Sulphites</p>					

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Breakfast / Morning Snack</u>	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G	Selection of cereal with milk M G
<u>Lunch</u>	Sausage Pasta Bake G M Fresh Fruit	Beef Keema and Rice Blueberry Muffin G E	Fish and Leek Pie and Peas M F Fromage Frais M	Roast Chicken, New Potatoes, Cauliflower & Broccoli Cheese M G Gingerbread G	Tomato Pasta and Garlic Bread G Cupcakes G E
<u>Mid Afternoon Snack</u>	Yogurt M	Crackers and Cheese Spread G M	Breadsticks and Dip G M E	Cucumber and Cheese M	Fruit Salad
<u>Tea</u>	Sandwich Selection and Veg Sticks G M Chocolate Oaties G M	Scotch Eggs and Beans E G Fruit	Cheese and Ham Toasties G M Melon Wedges	Pizza Wraps and Veg Sticks G M Fromage Frais M	Tea Party G M Yogurt and Mixed Berries M
<p>Ce - Celery G - Gluten (Wheat, Barley, Oats) Cr - Crustaceans E - Eggs F - Fish L - Lupin M - Milk Mo - Molluscs Mu - Mustard N - Nuts PN - Peanuts So- Soya Su - Sulphites</p>					