

<b>Week 1</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b><u>Breakfast</u></b>	Selection of cereal with milk <b>M G</b>	Selection of cereal with milk <b>M G</b>	Selection of cereal with milk <b>M G</b>	Selection of cereal with milk <b>M G</b>	Selection of cereal with milk <b>M G</b>
<b><u>Lunch</u></b>	Picnic Lunch <b>G</b> Lemon Drizzle Cake <b>G E</b>	Meatball Lasagne  <b>G E</b> Fruit	Chinese Curry and Rice  Fromage Frais <b>M</b>	Sauage and Mash with Mixed Veg  Fruit <b>M</b>	Mac and Cheese with Sweetcorn  <b>G M</b> Banana Biscuits <b>G</b>
<b><u>Mid Afternoon Snack</u></b>	Crumpets  <b>G</b>	Pitta Fingers and Dip  <b>G M</b>	Cheese and Crackers  <b>M</b>	Veg Sticks	Fruit
<b><u>Tea</u></b>	BBQ Chicken Taco's Vegetable sticks  <b>G</b> Fromage Frais <b>M</b>	Mix Bean Chilli and Rice  Iced Bun <b>G</b>	Ham and Cheese Finger Rolls with Vegetable Sticks  <b>G M</b> Fruit	Beans on Toast  <b>G</b> Belgian Bun <b>G</b>	Tea Party  <b>G</b> Fromage Frais <b>M</b>
<p><b>Ce - Celery G - Gluten (Wheat, Barley, Oats) Cr - Crustaceans E - Eggs F - Fish L - Lupin M - Milk Mo - Molluscs Mu - Mustard N - Nuts PN - Peanuts So - Soya Su - Sulphites</b></p>					

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>Breakfast</u></b>	Selection of cereal with milk <b>M G</b>	Selection of cereal with milk <b>M G</b>	Selection of cereal with milk <b>M G</b>	Selection of cereal with milk <b>M G</b>	Selection of cereal with milk <b>M G</b>
<b><u>Lunch</u></b>	Chicken Curry  Cookie <b>G</b>	Shepherd Pie and Mixed Veg  <b>G</b> Fruit	Chicken Fajita's and Mexican Rice  <b>G</b> Fromage Frais <b>M</b>	Tomato and Basil Pasta  <b>G</b> Traybake <b>G E</b>	Vegetable Noodle Soup  <b>G</b> Iced Shortbread <b>G</b>
<b><u>Mid Afternoon Snack</u></b>	Cheese and Cucumber  <b>G M</b>	Pancakes and Bananas  <b>M G E</b>	Breadsticks and Dip  <b>G M</b>	Crackers and Cheese  <b>G M</b>	Crumpets  <b>G</b>
<b><u>Tea</u></b>	Jacket Potato and Beans  Fruit <b>G</b>	Pizza Muffins and Spaghetti Hoops  <b>G M</b> Marshmallow Cake <b>G E</b>	Pasta Bake  <b>G</b> Fruit	Sandwich Selection, Vegetable Sticks and Dip <b>G M</b> Fromage Frais <b>M</b>	Fishfingers, Homemade Chips and Peas <b>G M</b> Fruit